

2 November 2011

Postnatal Depression Week 13-19 November 2011

Postnatal Depression Week is an opportunity to focus on the support services available to your patients that may be needing support.

Treatment for women experiencing perinatal depression will also be available through the Better Outcomes in Mental Health Initiative – Access to Allied Psychological Services Program (ATAPS).

Patients on a GP Mental Health Treatment Plan are eligible for a maximum of 10 individual sessions in a calendar year including a review after 6 sessions with the possibility of a further 4 sessions under exceptional circumstances.

The following psychologists are qualified to accept Perinatal Depression ATAPS Tier 2 Referrals:

- **Alison Fonseca—Warragul—5623 3241**
- **Gaynor Perry—Moe—5127 3333**
- **Anne Berrett—Traralgon—5192 4176**

For full details about this program [please click here to view our website](#)

Free online training from Beyond Blue

Beyond Baby Blues—Perinatal mental health training, which can be done online:

<http://thinkgp.com.au/beyondblue>



GP Mental Health Treatment Plan Changes from 1 November 2011

Payments to GPs for preparation of GP Mental Health Treatment Plans will be linked to the time spent with the patient developing a GP Mental Health Treatment plan and to whether or not the GP has undertaken mental health skills training.

Medicare items 2702 and 2710 have been removed from the MBS, and replaced with four new time-tiered Medicare items 2700, 2701, 2715 and 2717.

Medicare rebates for eligible people with a diagnosed mental disorder under the Better Access initiative will be capped at ten individual and ten group allied mental health services per calendar year.

[Click here for the GP Fact Sheet](#)



Health Reform News

**For the latest updates on Health Reform please
view our website**

www.cwgdogp.com.au/health-reform

Professional Room(s) For Lease Suitable for a health practitioner

Modern consulting rooms are available within an active health precinct. Optional access to reception area, waiting room and staff room may also be negotiated.

On-site parking available for clients. Different levels of lease available – consulting room only, whole clinic or inclusion of access to phones, computers, etc.
Location – Fowler Street, Moe

Contact – Suzanne Lewis 5136 5338 or email suzanne.lewis@lchs.com.au for further information.

APNA Online Learning Course of the Month:

Diabetes Management in the Primary Care Setting

APNA in conjunction with the Australia Diabetes Educators Association (ADEA) have developed an online learning program aimed at nurses providing diabetes care and management in the primary care setting.

Diabetes Management in the Primary Care Setting has been designed for those who have identified a need to update or increase their diabetes and diabetes management knowledge.

This unit will provide nurses with a basic understanding of the disease and its impact on the individual and the broader community. This unit will provide the minimum diabetes specific knowledge needed to support provision of quality care to the person with diabetes and their families and carers.

**The course is comprised of 7 modules with a total of 16
CPD hours** [Click here for full details and to enrol](#)

Education & Training

Bridges out of Poverty Training

Do you work with the Kurnai College community?

Do you work with people from disadvantaged backgrounds?

Are you looking to improve the way you and your organisation respond to those experiencing poverty?

Bridges out of Poverty Training explores innovative concepts, which help participants understand strategies that can improve services and increase understanding of the differences in economic cultures, and how those differences affect opportunities for success.

Registration Forms can be downloaded by [clicking here](#). Further details email teresa.pugliese@latrobe.vic.gov.au

Four Year Old Healthy Kids Check Online Education

This **free** online course will prepare practice nurses to meet the requirements of the Medicare Healthy Kids Check for 4 year olds.

The course has been developed with funding from the Department of Health and Ageing with input from experts in the field of child health and development. The flexible learning style allows for nurses to complete the two modules at their own pace.

You'll receive a printable certificate once you have completed the online assessments. This course has been endorsed by APNA and is the equivalent of 2.5 CPD hours.

[Click here for full details and to register](#)

Research Methods for Health: An Introduction

This 5 hour course, presented by Monash University staff, provides introductory information on conducting health care research. It covers developing a research focus and methods for collecting and analysing data.

These sessions are designed to introduce you to the research process and basic information for undertaking a small research project.

Date: Thursday 17 November 2011 9.30am—3.00pm

Venue: MUDRIH Moe

Cost: \$80 per participant

For Bookings email cathy.beamish@monash.edu.au

Education & Training

Managing Falls in Residential Aged Care

The National Ageing Research Institute (NARI) invites residential aged care staff to the NARI Education & Professional Development Workshop On Managing Falls in Residential Care.

Date: 16 & 17 November 2011

Venue: NARI Seminar Room, Parkville

Contact: 8387 2305

Cost: \$550 per participant

Email: lbon@nari.unimelb.edu.au

[Click here for further details and registration](#)

Focused Psychological Strategies Skills Training for General Practitioners

Lifeblood, in partnership with General Practice Victoria, is pleased to offer SPHERE Focused Psychological Strategies (FPS) Skills Training for General Practitioners. This opportunity has been made possible by a grant from RACGP, allowing us to minimise the cost to GPs.

Lifeblood's FPS training is GPMHSC accredited for the 2011-2013 Triennium and endorsed by RACGP QI&CPD Program as TWO 'Category 1' type activities (80 points), and/or equivalent within the ACRRM PD Program

Date: 19 November and 10 December 2011

Venue: General Practice Victoria, 458 Swanston Street, Carlton, 3053

Cost: \$200 + GST= \$220 total (non-refundable)

Contact: Christina Koniaras, Lifeblood, Tel: 9804 0777

Australian Family Friendly Workplace Seminar

The Workplace Training Advisory Australia is honoured to be supporting the 2012 Australian Family Friendly Workplace Seminar – being held on 1 and 2nd March 2012.

A Super Early Bird rate – which reduces the attendance fee by \$500 per attendee – is available for registrations made prior to 18th November. This event will sell out so book now to avoid disappointment.

[Click here for full details](#)

Check out our new website for the latest resources and information to support you working in general practice
www.cwgdogp.com.au