

## International Primary Health Care Reform Conference comes to Australia

20 February 2012

The Royal Australian College of General Practitioners (RACGP) is proud to be a major sponsor of the first International Primary Health Care Reform Conference (IPHCRC) to be held in Australia.

The IPHCRC conference 'International Innovation, Policy setting & Research' is taking place from 6–7 March 2012 in Brisbane and is co-hosted by The Australian Primary Health Care Research Institute (APHCRI) Centre of Research Excellence (CRE) based at The University of Queensland. To read the full media release [click here](#).

## RACGP welcomes national electronic records system to combat abuse of prescription drugs

17 February 2012

The RACGP commends the Federal Health Minister, Tanya Plibersek, on announcing a new \$5 million national electronic records system to address the dramatic rise in prescription drug abuse and drug diversion. The new Electronic Recording and Reporting of Controlled Drugs system will be available to doctors, pharmacists and state and territory health authorities across Australia, and will serve as an important step in improving safety and quality in care delivery. To read the full media release [click here](#).

RACGP Media Releases are uploaded to the Division Website [here](#) as they are received. Check back regularly for updates.

## Multi-disciplinary Palliative Care Case Review

**Date:** Tuesday 28<sup>th</sup> February 2012

**Time:** 7.30am – 9.30am for breakfast

Cases presented by Southern Health Palliative Care Consultant Dr Michael Franco.

**Unable to attend? Join by teleconference.**

Please RSVP for cases to present by 21/2/2012 to Toine Bovill, Palliative Care Co-ordinators, WGHG on (03) 5623 0870 or email [toine.bovill@wghg.com.au](mailto:toine.bovill@wghg.com.au)

Please see [this flyer](#) for more information.

## Survey - Gippsland Paediatric Allied Health Service Planning Review

The Gippsland Health Services Partnership recently established the Gippsland Paediatric Allied Health Planning Task Group to undertake a service planning process for Paediatric Allied Health in Gippsland. This project will document service availability and demand, build knowledge and understanding of service access (criteria) and explore/consider alternative resource neutral models of care that better meet the needs of Gippsland children and their families. The project has the capacity to inform the Department of Health on areas of policy development and also provide data to inform priority areas for future investment.

Please click [this link](#) to undertake the short electronic survey and provide your input.

## Latrobe Regional Hospital Secondary Consultation for GPs

**Psychiatric Secondary Consultation is designed to assist with the following (list is not exhaustive):**

- Clarification of formulation and diagnosis
- Planning and review of psychiatric treatment
- Medication advice including choice and dose of medication
- Discontinuing and changing medication and physical monitoring of patients on psychotropic medication
- Discussion about clinical approaches
- Advice regarding referral for primary consultation and utilization of alternative services.

### CONTACT DETAILS

- Call LRH Mental Health Triage Services Mon-Fri during business hours on 1300 363 322
- Advise the Triage Clinician you are requesting a secondary consultation
- Provide a brief overview of your request and desired outcomes
- Telephone contact will be made with the referrer within 48 hours or less between 1-3pm weekdays
- Written correspondence from the service will be received following the consultation.

### 24 Hour Triage Telephone Service

1300 363 322

## Life! Program Updates

# Life!

Taking Action on Diabetes

### Print and Radio Advertising Campaign

Diabetes Australia- VIC's Life! program is currently running a print and radio advertising campaign encouraging people to call 13RISK.

The campaign will be run across all the Leader newspapers and drive time radio stations and will be run during **5–25 February and 8–28 April 2012**. As a result, you may receive enquiries about the program from patients. If you require resources for the Life! program and diabetes prevention, please contact Pam Odgers on 5126 2899 or [podgers@cwgdogp.com.au](mailto:podgers@cwgdogp.com.au)

### Supporting Practices in referral to Life!

Diabetes Australia – VIC has made funding available to support the promotion and patient referral into the Life! program. This funding agreement is a renewal of the previous funding scheme; practices will again be funded for staff time to systematically identify patients at high risk of type 2 diabetes and refer them to the Life! program.

After reviewing the renewal process for the Case Finding Agreement it has been decided that a longer term Agreement will be implemented. Once a new Agreement is signed by each organisation, the document will be valid until the end of financial year (30 June 2012). Payment to your clinic under this Agreement will be made based on submission of an invoice to DA-Vic for supplying 15 eligible patient referrals to either our central referral team or local Life! facilitator.

Payment will be made in two instalments:

**Instalment one:** Practices can invoice DA-Vic for the first eight hours of work (\$280 + GST) with evidence of at least five referrals made to the Life! Program.

**Instalment two:** Submit a second invoice for the remaining eight hours work (\$280 + GST) with evidence of at least an additional ten referrals to the Life! Program. Therefore, a total of \$560 (+ GST) will be paid upon referring 15 patients to the Life! Program. Practices are required to keep a list of patients that have been referred to a Life! course under this funding agreement to assist with invoicing requirements.

Case funding agreements can be obtained by contacting Michelle Jones at [mjones@diabetesvic.org.au](mailto:mjones@diabetesvic.org.au) or Phone 03 9667 1773.

## Division Education and Training

### Gippsland eHealth Forum

**Date:** Tuesday 20 March 2012

**Location:** The Auditorium, Monash University Churchill

**Time:** 9:30am – 4:15pm

**Cost:** \$30 per person

### Handle with Care: Managing Violent and Potentially Violent Situations

**Date:** Wednesday 28 March 2012

**Location:** CWG Division Training Room, Moe

**Time:** 8.30am – 12.00pm or 1.30pm-5.00pm

**Cost:** \$50 per person

### GP Intermediate Clinical Emergency Management Program Workshop 5 places remaining



**This has been accredited 40 Category QI & CPD points.**

**Date:** Saturday 24 March 2012 8.30am – 5.00pm

**Venue:** WGHG Community Services, 31 Gladstone Street, Warragul

**Cost:** Subsidised by Central West Gippsland Division of General Practice

### GP Advanced Clinical Emergency Management Program Two Day Workshop



**This has been accredited 80 Category QI & CPD points. Compulsory completion of the Intermediate CEMP prior to participating in Advanced CEMP is required.**

**Date:** Saturday 21 & Sunday 22 April 2012

**Time:** 8.30am – 5.00pm

**Venue:** WGHG Community Services, 31 Gladstone Street, Warragul

**Cost:** Subsidised by Central West Gippsland Division of General Practice

### Advance Care Planning & Elder Abuse

**Date:** Tuesday 8 May 2012

**Location:** CWG Division Training Room, Moe

**Time:** 6.30pm—9.30pm

Dinner provided

**For more information about Division training events or to register, please visit the [website](#) or contact Paula Pearce on 5126 2899 or [ppearce@cwgdogp.com.au](mailto:ppearce@cwgdogp.com.au)**

## Education and Training

### *Paediatric Telehealth* WGHG Friday Clinical Meeting

**Date:** 24 February 2012  
**Time:** 12.30pm—2.30pm  
**Speaker:** Dr Michael Nowotny

### *Melbourne CAREX 2012 - Australia's Premier Health, Aged Care & Disability Expo*

**Half day fee paying seminars at Melbourne CAREX 2012**  
(Each seminar is to be held from 0930-1300; Registration fee = \$132 inc. GST; 2 for 1 early bird special for first 25 delegates in each seminar)

**Wednesday April 18 2012**

[Pain Management: Pulling it all together](#)  
[Person-Centred Practice in Assistive Technology](#) (primarily for Occupational Therapists)

**Thursday April 19 2012**

[Person-Centred Continence Care: Seeking realistic outcomes](#)  
[Depression and Anxiety Disorders in Older People](#)

For more information about the expo please click [here](#).

### *Introduction to Palliative Care Short Course*

The Introduction to Palliative Care Short Course is recommended for nurses from all fields of practice, personal care attendants, and allied health professionals. As a participant in this course you will be challenged by an innovative approach to learning based on best practice principles, in line with health policy direction.

This course has been developed by Monash in partnership with the Gippsland Region Palliative Care Consortium in response to a need for an introductory course for generalist healthcare practitioners.

**Registration cut off:** 9 March 2012

#### **2012 Workshop dates:**

Workshop 1 – 18 April 2012  
Workshop 2 – 9 May 2012  
Workshop 3 – 13 June 2012  
Workshop 4 – 18 July 2012

Please see [this flyer](#) or contact Mary Ross-Heazlewood, Project Officer GRPCC on 0407 863 813 or [mary.ross-heazlewood@gshs.com.au](mailto:mary.ross-heazlewood@gshs.com.au) for more information.

## headspace



### *headspace CWG welcomes Dr Janine Payne*

headspace are pleased to announce that Dr Janine Payne has now commenced the provision of GP services to Young People from our Warragul centre on a Tuesday afternoon from 1 – 5pm. Dr Payne will be well known to many of you from her practice at Yarragon Medical Centre with her husband Dr Malcolm McKelvie.



**Pictured: Dr Janine Payne**

Dr Payne's support of headspace CWG and young people in the Baw Baw Shire is greatly appreciated by the program and enables us to continue the provision of this valuable service following the departure of Dr John O'Donoghue after over 2 years with headspace CWG.

The GP clinics at both Morwell and Warragul Centres continue to be a vital resource for vulnerable young people who are not connected to a community GP. The headspace GP clinics aim to ensure young people have a positive experience seeing a GP in a youth friendly environment for a range of physical, sexual and mental health needs.

The aim of the GP clinics is not only to provide medical care to young people but to encourage them to see their GP as an integral part of their overall well-being.

When engaging with headspace CWG, young people with an existing relationship with a local clinic are encouraged to continue accessing ongoing care through their GP. headspace will undertake a holistic psycho-social assessment and work with the young person to develop a care plan which addresses their GP

### *Sexual Health*

Sexual Health education and treatment is provided at both headspace centres through partnerships with West Gippsland Health Care Group (WGHG) and Latrobe Community Health Service (LCHS).

Community Health Nurses are available at each centre to support young people with:

- Assessment
- Screening and Treatment
- Pregnancy testing and Pregnancy options counselling
- Sexual health and sexuality issues
- Contraception
- Pathology collection



The community health nurse clinics are run in parallel to the GP clinics at each centre allowing young people to access the GP where required. Recall and reminder systems ensure young people access the required follow up of any investigations.

These services are bulk – billed. Appointments are available by contacting the centres on Morwell 51368300 or Warragul 56223677.

### *Whatever Youth Diversity Project*

The Whatever Youth Diversity Project is a Social Action and Support Group for Same Sex Attracted and Gender Diverse young people from 15-25 years. Led by UnitingCare Gippsland and supported by headspace CWG the “Whatever” group has been operating for the past 5 years supporting young people to implement projects aimed at challenging homophobia and encouraging a celebration of diversity.



Whatever will reconvene on Tues 28<sup>th</sup> February 2012 with a BBQ at headspace CWG – 99 Buckley Street, Morwell. Any young person with an interest in working on projects challenging homophobia in the Latrobe Valley community is welcome to attend. For further information or to refer a young person to the group please contact headspace on 51368300.

### *Depression and Anxiety in Young People who are Gay, Lesbian, Bi-sexual, Transgender or Intersex (GLBTI)*

Adolescence is a turbulent time for most young people. For young people who are same-sex attracted (gay, lesbian or bisexual), transgender or intersex, the challenges can be even greater. They might find their feelings difficult to talk about, they may feel that nobody else is in their situation and they may also experience bullying and abuse – all of which can increase the risk of mental health problems such as depression and anxiety disorders.

For more information on supporting GLBTI young people [click here](#).

### *headspace Evidence Summaries*

Information, evidence and resources for professionals working with young people.

#### **Using SSRI Anti-Depressants to treat Depression in young people: What are the issues and What is the evidence?**

“The results of a recent Cochrane systematic review (12) are consistent with earlier findings (6), which indicate that the only SSRI with consistent evidence of its effectiveness in young people is fluoxetine. Paroxetine does not appear to be more effective than placebo. There are inconsistent outcomes for citalopram and sertraline.....” to read more [click here](#).

**“headspace Central West Gippsland is an initiative of headspace: The National Youth Mental Health Foundation. The Foundation is funded by the Australian Government Department of Health and Ageing under the Promoting Better Mental Health Program.”**